

**CURRICULUM VITAE**

Arwa Mahmoud Alsaraireh DNP, MSN, RN

Associate professor

Maternal and child health department

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**Research Gate account:** <https://www.researchgate.net/profile/Arwa-Alsaraireh>

**A. PROFESSIONAL EDUCATION**

Degree	Years	Institution, country
Doctor on Nursing practice	2010- 2013	Case Western Reserve University, Ohio, USA Major: Midwifery
Master of Science in Nursing	2008-2010	Case Western Reserve University, Ohio, USA Major: Midwifery
Bachelor of Nursing	2008_2011	Mutah University, Al Karak, Jordan
Midwifery Diploma	1999-2001	Rufaidah Islamic college for nursing and midwifery, Al Zarqa-Jordan

**B. PROFESSIONAL EXPERIENCE**

Academic rank	Position/institution	Dates
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2023-now
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Sultan Qaboos University	2021-2023 (Sabbatical leave)
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2018-2021
Assistant Professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2013-2018
Clinical Instructor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2006-2008
Registered Midwife/ Nurse	Labor and delivery ward, Postnatal ward, Operating room	2003-2006

**C. ADMINISTRATIVE POSITION**

Years	Position	Institution
August 2024-Now	Vice dean	Faculty of Nursing, Mutah university
Sept 2019-2021	Head of the department of Maternal and Child health	Faculty of Nursing, Mutah university
Sept 2014-Sept 2016	Head of the department of Maternal and Child health	Faculty of Nursing, Mutah university

**D. AWARDS AND HONORS**

Years	Award
2008-2013	Fully-funded Governmental Scholarship during Master and Doctoral study at Case Western Reserve University from Mutah University, Alkarak, Jordan
2001-2005	Fully-Funded Governmental Scholarship during undergraduate study, Higher educational council, Amman, Jordan

## E. COLLEGE COMMITTEES

- Member of the College Board, Faculty of Nursing, Mutah University (2024–present)
- Committee Member for Nursing Qualification Alignment, Accreditation and Quality Assurance (2024-present)
- Member in Postgraduate committee, college of nursing (2023-present)
- Member of the College Board, Faculty of Higher Education, Mutah University (2024–present)
- Member of the student disciplinary committee, 2023-2024
- Member, Scientific and ethics committee, SQU 2021-2022
- Member, Simulation and Interprofessional Committee, SQU 2021-2022
- Member, Postgraduate study Committee, SQU 2022 – Present
- A representative of the Maternal and Child Health Department College Board, CON, SQU 2022 – present
- Chaired ad-hoc committees assigned by the HoD
- Member of ad-hoc committee assigned by the dean on "Best thesis award for 2022"
- Member, Supervisory Committee of the Legal Nursing and Midwifery Exam/ Maternal and Newborn Health Nursing Committee/member Jordanian Nurses' council . 2020-2021.
- Member, Scientific and ethics committee College of Nursing- Mutah university 2016-2017
- Member , Scientific Committee of Faculty of Nursing- Scientific Day: Faculty of Nursing- Mutah University, Amman, Jordan
- Member, Faculty Board. Faculty of Nursing-Mutah University, Alkarak, Jordan
- Member, Scientific and ethics committee College of Nursing- Mutah university 2013-2014 .

## PROFESSIONAL SOCIETY MEMBERSHIP

Date	Certificate
2008	Registered Nurse, Ohio Board of Nursing
2008	Registered Nurse, California Board of Nursing
2001-present	Member, Jordanian Nurses and Midwives Association

## RESEARCH EXPERIENCE

**Thesis title:** Oral Health in Pregnancy: Knowledge and Practice Patterns among Nurse Midwives. (Alsaraireh, A., Principal Investigator). DNP thesis, Case Western Reserve University, 2011- 2013.

## PUBLICATIONS

**Alsaraireh,** Al-Sarairhe , Al-Tarawneh, Raghavan, & Al-Nawafleh (Accepted 2025)  
A Qualitative Study of Contributing Factors to Burnout among Jordanian Midwives. *Belitung Nursing Journal*

**Alsaraireh, A.,** Al Hashmi, I., Raghavan, D., Arulappan, J., Aziz, H., & Al Shekaili, A. (2024). Predictors of depression, anxiety and stress symptoms among maternity nurses and midwives in a Middle Eastern country. *African journal of reproductive health*, 28(9), 63-72.

AlSarayreh, S., Subih, M., **Alsaraireh, A,** Sabri, F. (2024). Healthcare Providers' Knowledge, Attitudes and Practices towards Exercise during Pregnancy: A Cross-sectional Study. *Jordan Journal of Nursing Research*.

Raghavan, D., Natarajan, J., Seshan, V., & **Alsaraireh, A.** (2024). Impact of recurrent pregnancy loss on depression, anxiety and fertility related stress in Omani women: A cross sectional survey. *African journal of reproductive health*, 28(1), 13-21.

**Alsaraireh, A.,** Madhavanprabhakaran, G., Raghavan, D., Arulappan, J., & Khalaf, A. (2024). Effect of a high-fidelity simulation-based teaching-learning experience (SBTLE) on maternal health nursing students' knowledge of postpartum hemorrhage, confidence, and satisfaction. *Teaching and Learning in Nursing*, 19(1), e176-e181.

**Alsaraireh, A.,** Yehia, D., & Khalaf, A. (2023). Knowledge and Attitudes of Midwives Concerning the Interpretation and Use of Cardiotocographs in Jordan. *Journal of Holistic Nursing And Midwifery*, 33(3), 193-202.

Alkhawaldeh, A., Al Omari, O., Al Aldawi, S., Al Hashmi, I., Ann Ballad, C., Ibrahim, A., Al Sabei, S., **Alsaraireh, A.,** Al Qadire, M. and ALBashtawy, M., (2023). Stress Factors, Stress Levels, and Coping Mechanisms among University Students. *The Scientific World Journal*, 2023(1), p.2026971.

Madhavanprabhakaran, G., Arulappan, J., Achora, S., & **Alsaraireh, A.** (2023). Evidence-based practice competency and barriers among undergraduate nursing students in a Middle Eastern country. *Teaching and Learning in Nursing*, 18(4), e233-e240.

Al-Matarneh, B. M., Al-khawaldeh, O. A., & **Alsaraireh, A. M.** (2023). Knowledge, attitudes and practices regarding obstetric danger signs among Jordanian pregnant women attending antenatal clinic in Jordan. *Central European Journal of Nursing and Midwifery*, 14(2), 860

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.,** & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27

Al-Shdayfat, N., Alnatour, A., Alhusban, R., Yehia, D., Al-shanableh, N. M., **Alsaraireh, A.**, & Alkhawaldeh, M. (2022). Student Nurses Attitudes Towards Using Social Media to Raise the Awareness of their Community about the COVID-19 Pandemic in Jordan. *The Open Public Health Journal*, 15(1).

Mahasneh, D., Shoqirat, N., **Alsaraireh, A.**, Singh, C., & Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time Experience of Clinical Placement in Jordan. *SAGE Open Nursing*, 7, 23779608211004298.

Khalil, R., Ali, D., Mwafi, N., **Alsaraireh, A.**, Obeidat, L., Albsoul, E., & Al Sbou, I. (2021). Variant Analysis of Alkaptonuria Families with Significant Founder Effect in Jordan. *BioMed Research International*

**Alsaraireh, A.**, Darawad, M. (2020). Predictors of Breast Self-Examination Practice among Jordanian Female University Students. *Natural and Applied Sciences Series*, 35(1).

Al-Shdayfat, N., Abuidhail, J., Hamadneh, S., & **Saraireh, A.** (2019). Adolescents' Perspectives Towards Using Social Networking and Internet to Gain Information about Reproductive and Sexual Health in Jordan: A Qualitative-Community based Study. *International Journal of Nursing Education* 11(3):92 , 11(3), 92.

Almajali, A., Shoqirat, N., & **Alsaraireh, A.** (2019). "When I get married...": Contributing factors to intimate partner violence among married Jordanian women: A qualitative study. *Health care for women international*, 40(1), 66-82.

Shoqirat, N., Almajali, A., & **Alsaraireh, A.** (2019). "From a Family Home to Hell": Experiences and Consequences of Intimate Partner Violence Among Married Jordanian Women. *Issues in mental health nursing*, 40(1), 33-40.

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.**, & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27.

**Alsaraireh, A.**, & Darawad, M. W. (2018). Breast cancer awareness, attitude and practices among female university students: A descriptive study from Jordan. *Health care for women international*, 39(5), 571-583.

**Alsaraireh, A.**, & Darawad, M. W. (2017). Impact of a Breast Cancer Educational Program on Female University Students' Knowledge, Attitudes, and Practices. *Journal of Cancer Education*, 1-8.

## IN REVIEW & ONGOING RESEARCH PROJECTS

Assessment of Challenging Factors to Midwifery in an Established Health Care System in Jordan: "A qualitative study"

## FUNDED RESEARCH ACTIVITIES

- February, 2017 • ***Principal investigator.*** Impact of a Breast Cancer Educational Program on Female University Student's Knowledge, Attitudes and Practices. *Funded by Deanship of Academic Research- Mutah University (JD 5000).*
- September, 2017 • ***Co-investigator.*** Adolescents' Perspectives towards using Social Networking and Internet on Gaining Information about Sexual & Reproductive Health: a National Qualitative Study from Jordan. *Funded by Deanship of Academic Research- Alalbayet University of Jordan (JD 3600).*

## CONFERENCES & WORKSHOPS

**December 2024.** Participation on TOT workshop, Jordanian nursing Council

**December 2024.** Participation on point of care quality improvement. National Woman's Health Care Center NWHCC

**September 2024.** Participation on clinical auditing workshop, Jordanian Expert team for training and consulting

**January 8th, 2023.** Speaker, "First Aid Training Workshop for SQU Day Care Staff, MCH Department, CON, SQU.

**October 29, 2022.** 2nd Arab Nurses and Midwives Virtual Conference: A voice to lead: Arab Nursing and Midwifery in the global health Ecosystem

**March 29<sup>th</sup>, 2022 .** First International Webinar: Best practices in teaching and assessing nursing students during COVID-19 organized by SQU CON

**March 21st, 2022.** Speaker, "Health Care Training for Day Care Givers", MCH Department, CON, SQU

**November, 8th 2022.** participation in the " Best practice in simulation" Workshop

**December 7, 2021.** Active participation in Basic of SPSS for healthcare professional: A workshop

**November 23, 2021.** Participation in Bower advisor: create a best advisor

**November, 8<sup>th</sup> 2021** active participation during the webinar on Professional Resilience and Publishing Journal Article organized by College of Nursing, Sultan Qaboos University, Muscat, Sultanate of Oman.

**August, 2018** attended The Fourth Scientific Forum of JNA: Exchange of Experiences and Fostering Collaboration and Strengthening Linkages between Academic, Industrial, and Governmental Sectors.

**July 7, 2018,** Attended the National Workshop for Presenting the Findings of the Study on the Status and Condition of the Midwifery Profession in Jordan

**April 10, 2018.** Attended the 10th scientific day, “Clinical Nursing: Rhetoric, Reality and future opportunities”. Mutah University, Al-Karak, Jordan

**January (16-19 -2017).** Attended a workshop entitled "research capacity building, qualitative research and proposal writing"

**May 5-2016** Attended a Scientific day entitled “Contemporary Issues in Nursing Care: Today & Tomorrow”. Alalbayet University-Jordan.

**May 31-June 2, 2015.** Attended a workshop entitled " qualitative Research". School of Nursing- Philidelphia University, -Jordan.

**May 21, 2014.** Attended a Scientific day entitled "Integrating the Role of the CNS into Healthcare System". School of Nursing- University of Jordan, Amman- Jordan.

**April 16, 2014.** The 8th scientific day, “Women and Child Health: Safe Life Journey”. Mutah University, Al-Karak, Jordan.**(Presenter)**

## **TEACHING EXPERIENCE**

### **Undergraduate Courses:**

- Maternal and newborn health nursing/Theory.
- Maternal and newborn health nursing/Clinical.
- Growth and development for child
- Nursing research methods
- Research methodology (BSN)
- Health Assessment and Physical Examination (BSN)
- Medical terminology
- NURS3018: Maternal Health nursing Theory/ SQU
- NURS 3019: Maternal Health nursing/ clinical / SQU
- Communication and Group Dynamics/SQU
- NURS1005: Physical and Psychological Child Health/SQU

### **Graduate Courses:**

- Research methodology.
- Maternal and newborn health nursing/ Theory.
- Maternal and newborn health nursing/ Clinical.
- Maternal and newborn health nursing-Advanced/Theory.

- Maternal and newborn health nursing-Advanced/ Clinical.
- Specialty Course I - Women's Health & Antenatal Care / Master in Midwifery/SQU
- Specialty course 11: Labor & Obstetric Emergencies/Master in Midwifery/ SQU
- Health education, communication and counselling Course

## SUPERVISORY

### M. Sc. Supervision

- **Primary Supervisor : master thesis:** Prevalence, Severity, and Self-Management Strategies of Premenstrual Syndrome Among University Students: A Cross Sectional Study. **Anoud Albilwi**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2024
- **Primary Supervisor : master thesis:** Women' Experiences of Pelvic Floor Disorders: Voices from Jordan . **Rahma Jibreel**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-now
- **Internal Examiner:** “Depression, Anxiety, Stress, Social Support, and Couple Adjustment among Primary Infertile Omani Women. **Master’s thesis**, Faculty of nursing, Sultan Qaboos University. 2023
- **Internal examiner: Master thesis:** Jordanian Families Experience Having a Child with an Epilepsy: Qualitative Phenomenological Study . **Noor Tarawneh**. Mutah University-Princess Muna college of Nursing. 2025
- **Internal examiner: Master thesis:** Knowledge, Attitude, and Decision-making Regarding Family Planning and Associated Factors Among Jordanian Fathers at a Public University: A Cross-Sectional Study. **Hebah Dararjeh**. Mutah University-Faculty of Nursing. 2024
- **Co -Advisor: master thesis:** Title: Anemia in pregnancy and its relation to adverse maternal-fetal outcomes and risk factors in Oman. **Phiona Gimono** Faculty of nursing, Sultan Qaboos University.2022- 2023
- **Co -Advisor: master thesis:** Title: Motherhood and reproductive health during hemodialysis: Women’s experiences in Jordan. **Ibtehal Alharsees** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Co -Advisor: master thesis:** Title: Experience-based decision making of surgical treatment of women with early breast cancer in Jordan. **Nooralhuda Almaaytah** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Primary Supervisor : master thesis:** Health Care Providers Knowledge, Attitude and Practice towards Exercise during Pregnancy: A Descriptive Study from the Southern Region of Jordan. **Shrouq Alsaraireh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2019-2020.



- **Internal Examiner 2019:** “Knowledge and Practice of Active Management of Third Stage of Labor among midwives in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Internal Examiner 2019:** “Testing the Effectiveness of an Educational Session in Improving Preconception Health Knowledge among High School Students in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Co -Advisor: master thesis:** Title: The Impact of Educational Intervention on Jordanian HealthCare Provider’s Knowledge and Attitude towards Umbilical Cord Banking: Quasi Experimental Study. **Lubna Allimon**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- **Internal Examiner 2017:** “Dysmenorrheal awareness among female adolescent students in South of Jordan: A cross sectional study”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Co- Advisor: master thesis:** “From a Family Home to a Wrestling Ring”: Experience of Intimate Partner Violence Among Married Jordanian Women .**Ayah Al Majali**.. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- **Co -Advisor: master thesis:** Knowledge, Attitudes and Practices Regarding Obstetric Danger Signs Among Jordanian Pregnant Women Attending Antenatal Clinic Health Services in Al- Karak Governate .**Bodoor Almatarneh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.

## COMMUNITY SERVICES

- Organized a” **Breast Cancer Awareness Day** “activity at the Maternal and Child Health Center, Al-Karak, October 2024.
- Organizer and Leader, “**Healthy Mother makes a Happy Family**”, SQUH, SQU, March 21st, 2022.
- Speaker, “**Breast Cancer Awareness Campaign**”, Mall of Muscat, Oct 24th, 2021
- Presented a lecture about “**Marriage of minors and its impact on reproductive health**” at Alqatrana, Jordan, 2018
- Presented a lecture about “**Breast cancer and menstrual health and hygiene at “soul secondary school for girls**”, ministry of Education, Alkrak, Jordan, 2018
- Presented a lecture about **Breast cancer and breast self examination at "Kadeeja Elementary School"**, Ministry of Education, Alkarak-Jordan, 2017
- Presented a lecture about **Reproductive health and Fetal-newborn health at Mutah University**. College of Educational Science, Mutah University, 2015.

- **APPRECIATION LETTERS FOR COMMUNITY SERVICE**

- Recognition certificate from Dean for a successful leading ““Healthy Mother makes a Happy Family”, at SQUH, SQU, March 21st, 2022.
- Recognition certificate from Dean for a successful workshop “Health Care Training for Day Care Givers”, MCH Department, CON, SQU, March 21st , 2022.
- Recognition certificate from Dean for a successful leading Breast Cancer Awareness Campaign”, Mall of Muscat, Oct 24th, 2021.
- Letter of appreciation from the HoD for developing exam questions for the comprehensive written examination of the CAN course
- Recognition certificate from the Dean for the contribution as “Internal examiner in the Clinical Competency Examination of the Advanced Clinical Nursing Course– Fall 2021/ Fall 2022”.

## **LANGUAGES**

- **Arabic:** Native speaker
- **English:** Strong command of English reading, writing and conversation.

## **SKILLS AND QUALIFICATIONS**

- ICDL
- Teaching and Learning
- TOT

I testify to my knowledge that the above-mentioned information is true. All supporting documents and evidence are available upon request.

Dr, Arwa Alsaraireh