

CURRICULUM VITAE



Arwa Mahmoud Alsaraireh DNP, MSN, RN

Associate professor

Maternal and child health department
College of nursing, Mutah University

Mobile Phone: +962797856823

Email: ar_srayreh@mutah.edu.jo

ORCID: <https://orcid.org/0000-0002-7469-4223>

Google Scholar Account:

https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=arwa+alsaraireh&btnG=

Research Gate account: <https://www.researchgate.net/profile/Arwa-Alsaraireh>

A. PROFESSIONAL EDUCATION

Degree	Years	Institution, country
Doctor on Nursing practice	2010- 2013	Case Western Reserve University, Ohio, USA Major: Midwifery
Master of Science in Nursing	2008-2010	Case Western Reserve University, Ohio, USA Major: Midwifery
Bachelor of Nursing	2008_2011	Mutah University, Al Karak, Jordan
Midwifery Diploma	1999-2001	Rufaidah Islamic college for nursing and midwifery, Al Zarqa-Jordan

B. PROFESSIONAL EXPERIENCE

Academic rank	Position/institution	Dates
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2023-now
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Sultan Qaboos University	2021-2023 (Sabbatical leave)
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2018-2021
Assistant Professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2013-2018
Clinical Instructor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2006-2008
Registered Midwife/ Nurse	Labor and delivery ward, Postanatal ward, Operating room	2003-2006

C. ADMINISTRATIVE POSITION

Years	Position	Institution
August 2024-Now	Vice dean	Faculty of Nursing, Mutah university
Sept 2019-2021	Head of the department of Maternal and Child health	Faculty of Nursing, Mutah university
Sept 2014-Sept 2016	Head of the department of Maternal and Child health	Faculty of Nursing, Mutah university

D. AWARDS AND HONORS

Years	Award
2008-2013	Fully-funded Governmental Scholarship during Master and Doctoral study at Case Western Reserve University from Mutah University, Alkarak, Jordan
2001-2005	Fully-Funded Governmental Scholarship during undergraduate study, Higher educational council, Amman, Jordan

E. COLLEGE COMMITTEES

- Member of the College Board, Faculty of Nursing, Mutah University (2024–present)
- Committee Member for Nursing Qualification Alignment, Accreditation and Quality Assurance (2024–present)
- Member in Postgraduate committee, college of nursing (2023–present)
- Member of the College Board, Faculty of Higher Education, Mutah University (2024–present)
- Member of the student disciplinary committee, 2023-2024
- Member, Scientific and ethics committee, SQU 2021-2022
- Member, Simulation and Interprofessional Committee, SQU 2021-2022
- Member, Postgraduate study Committee, SQU 2022 – Present
- A representative of the Maternal and Child Health Department College Board, CON, SQU 2022 – present
- Chaired ad-hoc committees assigned by the HoD
- Member of ad-hoc committee assigned by the dean on "Best thesis award for 2022"
- Member, Supervisory Committee of the Legal Nursing and Midwifery Exam/ Maternal and Newborn Health Nursing Committee/member Jordanian Nurses' council . 2020-2021.
- Member, Scientific and ethics committee College of Nursing- Mutah university 2016-2017
- Member , Scientific Committee of Faculty of Nursing- Scientific Day: Faculty of Nursing- Mutah University, Amman, Jordan
- Member, Faculty Board. Faculty of Nursing-Mutah University, Alkarak, Jordan
- Member, Scientific and ethics committee College of Nursing- Mutah university 2013-2014 .

PROFESSIONAL SOCIETY MEMBERSHIP

Date	Certificate
2008	Registered Nurse, Ohio Board of Nursing
2008	Registered Nurse, California Board of Nursing
2001-present	Member, Jordanian Nurses and Midwives Association

RESEARCH EXPERIENCE

Thesis title: Oral Health in Pregnancy: Knowledge and Practice Patterns among Nurse Midwives. (**Alsaraireh, A.**, Principal Investigator). DNP thesis, Case Western Reserve University, 2011- 2013.

PUBLICATIONS

Alsaraireh, A., Al-Sarairhe , Al-Tarawneh, Raghavan, & Al-Nawafleh (Accepted 2025) A Qualitative Study of Contributing Factors to Burnout among Jordanian Midwives. *Belitung Nursing Journal*

Alsaraireh, A., Al Hashmi, I., Raghavan, D., Arulappan, J., Aziz, H., & Al Shekaili, A. (2024). Predictors of depression, anxiety and stress symptoms among maternity nurses and midwives in a Middle Eastern country. *African journal of reproductive health*, 28(9), 63-72.

AlSarayreh, S., Subih, M., **Alsaraireh, A.**, Sabri, F. (2024). Healthcare Providers' Knowledge, Attitudes and Practices towards Exercise during Pregnancy: A Cross-sectional Study. *Jordan Journal of Nursing Research*.

Raghavan, D., Natarajan, J., Seshan, V., & **Alsaraireh, A.** (2024). Impact of recurrent pregnancy loss on depression, anxiety and fertility related stress in Omani women: A cross sectional survey. *African journal of reproductive health*, 28(1), 13-21.

Alsaraireh, A., Madhavanprabhakaran, G., Raghavan, D., Arulappan, J., & Khalaf, A. (2024). Effect of a high-fidelity simulation-based teaching-learning experience (SBTLE) on maternal health nursing students' knowledge of postpartum hemorrhage, confidence, and satisfaction. *Teaching and Learning in Nursing*, 19(1), e176-e181.

Alsaraireh, A., Yehia, D., & Khalaf, A. (2023). Knowledge and Attitudes of Midwives Concerning the Interpretation and Use of Cardiotocographs in Jordan. *Journal of Holistic Nursing And Midwifery*, 33(3), 193-202.

Alkhawaldeh, A., Al Omari, O., Al Aldawi, S., Al Hashmi, I., Ann Ballad, C., Ibrahim, A., Al Sabei, S., **Alsaraireh, A.**, Al Qadire, M. and ALBashtawy, M., (2023). Stress Factors, Stress Levels, and Coping Mechanisms among University Students. *The Scientific World Journal*, 2023(1), p.2026971.

Madhavanprabhakaran, G., Arulappan, J., Achora, S., & **Alsaraireh, A.** (2023). Evidence-based practice competency and barriers among undergraduate nursing students in a Middle Eastern country. *Teaching and Learning in Nursing*, 18(4), e233-e240.

Al-Matarneh, B. M., Al-khawaldeh, O. A., & **Alsaraireh, A.** M. (2023). Knowledge, attitudes and practices regarding obstetric danger signs among Jordanian pregnant women attending antenatal clinic in Jordan. *Central European Journal of Nursing and Midwifery*, 14(2), 860

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.**, & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27

Al-Shdayfat, N., Alnatour, A., Alhusban, R., Yehia, D., Al-shanableh, N. M., **Alsaraireh, A.**, & Alkhawaldeh, M. (2022). Student Nurses Attitudes Towards Using Social Media to Raise the Awareness of their Community about the COVID-19 Pandemic in Jordan. *The Open Public Health Journal*, 15(1).

Mahasneh, D., Shoqirat, N., **Alsaraireh, A.**, Singh, C., & Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time Experience of Clinical Placement in Jordan. *SAGE Open Nursing*, 7, 23779608211004298.

Khalil, R., Ali, D., Mwafi, N., **Alsaraireh, A.**, Obeidat, L., Albsoul, E., & Al Sbou, I. (2021). Variant Analysis of Alkaptonuria Families with Significant Founder Effect in Jordan. *BioMed Research International*

Alsaraireh, A., Darawad, M. (2020). Predictors of Breast Self-Examination Practice among Jordanian Female University Students. *Natural and Applied Sciences Series*, 35(1).

Al-Shdayfat, N., Abuidhail, J., Hamadneh, S., & **Saraireh, A.** (2019). Adolescents' Perspectives Towards Using Social Networking and Internet to Gain Information about Reproductive and Sexual Health in Jordan: A Qualitative-Community based Study. *International Journal of Nursing Education* 11(3):92 , 11(3), 92.

Almajali, A., Shoqirat, N., & **Alsaraireh, A.** (2019). "When I get married...": Contributing factors to intimate partner violence among married Jordanian women: A qualitative study. *Health care for women international*, 40(1), 66-82.

Shoqirat, N., Almajali, A., & **Alsaraireh, A.** (2019). "From a Family Home to Hell": Experiences and Consequences of Intimate Partner Violence Among Married Jordanian Women. *Issues in mental health nursing*, 40(1), 33-40.

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.**, & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27.

Alsaraireh, A., & Darawad, M. W. (2018). Breast cancer awareness, attitude and practices among female university students: A descriptive study from Jordan. *Health care for women international*, 39(5), 571-583.

Alsaraireh, A., & Darawad, M. W. (2017). Impact of a Breast Cancer Educational Program on Female University Students' Knowledge, Attitudes, and Practices. *Journal of Cancer Education*, 1-8.

IN REVIEW & ONGOING RESEARCH PROJECTS

Assessment of Challenging Factors to Midwifery in an Established Health Care System in Jordan: "A qualitative study"

FUNDED RESEARCH ACTIVITIES

February, 2017	<ul style="list-style-type: none"> • Principal investigator. <u>Impact of a Breast Cancer Educational Program on Female University Student's Knowledge, Attitudes and Practices.</u> <i>Funded by Deanship of Academic Research- Mutah University (JD 5000).</i>
September, 2017	<ul style="list-style-type: none"> • Co-investigator. <u>Adolescents' Perspectives towards using Social Networking and Internet on Gaining Information about Sexual & Reproductive Health: a National Qualitative Study from Jordan.</u> <i>Funded by Deanship of Academic Research- Alalbayet University of Jordan (JD 3600).</i>

CONFERENCES & WORKSHOPS

December 2024. Participation on TOT workshop, Jordanian nursing Council

December 2024. Participation on point of care quality improvement. National Woman's Health Care Center NWHCC

September 2024. Participation on clinical auditing workshop, Jordanian Expert team for training and consulting

January 8th, 2023. Speaker, "First Aid Training Workshop for SQU Day Care Staff, MCH Department, CON, SQU.

October 29, 2022. 2nd Arab Nurses and Midwives Virtual Conference: A voice to lead: Arab Nursing and Midwifery in the global health Ecosystem

March 29th, 2022. First International Webinar: Best practices in teaching and assessing nursing students during COVID-19 organized by SQU CON

March 21st, 2022. Speaker, "Health Care Training for Day Care Givers", MCH Department, CON, SQU

November, 8th 2022. participation in the " Best practice in simulation" Workshop

December 7, 2021. Active participation in Basic of SPSS for healthcare professional: A workshop

November 23, 2021. Participation in Bower advisor: create a best advisor

November, 8th 2021 active participation during the webinar on Professional Resilience and Publishing Journal Article organized by College of Nursing, Sultan Qaboos University, Muscat, Sultanate of Oman.

August, 2018 attended The Fourth Scientific Forum of JNA: Exchange of Experiences and Fostering Collaboration and Strengthening Linkages between Academic, Industrial, and Governmental Sectors.

July 7, 2018, Attended the National Workshop for Presenting the Findings of the Study on the Status and Condition of the Midwifery Profession in Jordan

April 10, 2018. Attended the 10th scientific day, "Clinical Nursing: Rhetoric, Reality and future opportunities". Mutah University, Al-Karak, Jordan

January (16-19 -2017). Attended a workshop entitled "research capacity building, qualitative research and proposal writing"

May 5-2016 Attended a Scientific day entitled "Contemporary Issues in Nursing Care: Today & Tomorrow". Alalbayet University-Jordan.

May 31-June 2, 2015. Attended a workshop entitled " qualitative Research". School of Nursing- Philadelphia University, -Jordan.

May 21, 2014. Attended a Scientific day entitled "Integrating the Role of the CNS into Healthcare System". School of Nursing- University of Jordan, Amman- Jordan.

April 16, 2014. The 8th scientific day, "Women and Child Health: Safe Life Journey". Mutah University, Al-Karak, Jordan.(Presenter)

TEACHING EXPERIENCE

Undergraduate Courses:

- Maternal and newborn health nursing/Theory.
- Maternal and newborn health nursing/Clinical.
- Growth and development for child
- Nursing research methods
- Research methodology (BSN)
- Health Assessment and Physical Examination (BSN)
- Medical terminology
- NURS3018: Maternal Health nursing Theory/ SQU
- NURS 3019: Maternal Health nursing/ clinical / SQU
- Communication and Group Dynamics/SQU
- NURS1005: Physical and Psychological Child Health/SQU

Graduate Courses:

- Research methodology.
- Maternal and newborn health nursing/ Theory.
- Maternal and newborn health nursing/ Clinical.
- Maternal and newborn health nursing-Advanced/Theory.

- Maternal and newborn health nursing-Advanced/ Clinical.
- Specialty Course I - Women's Health & Antenatal Care / Master in Midwifery/SQU
- Specialty course 11: Labor & Obstetric Emergencies/Master in Midwifery/ SQU
- Health education, communication and counselling Course

SUPERVISORY

M. Sc. Supervision

- **Primary Supervisor : master thesis:** Prevalence, Severity, and Self-Management Strategies of Premenstrual Syndrome Among University Students: A Cross Sectional Study. **Anoud Albilwi**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2024
- **Primary Supervisor : master thesis:** Women' Experiences of Pelvic Floor Disorders: Voices from Jordan . **Rahma Jibreel**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-now
- **Internal Examiner:** “Depression, Anxiety, Stress, Social Support, and Couple Adjustment among Primary Infertile Omani Women. **Master's thesis**, Faculty of nursing, Sultan Qaboos University. 2023
- **Internal examiner: Master thesis:** Jordanian Families Experience Having a Child with an Epilepsy: Qualitative Phenomenological Study . **Noor Tarawneh**. Mutah University-Princess Muna college of Nursing. 2025
- **Internal examiner: Master thesis:** Knowledge, Attitude, and Decision-making Regarding Family Planning and Associated Factors Among Jordanian Fathers at a Public University: A Cross-Sectional Study. **Hebah Dararjeh**. Mutah University-Faculty of Nursing. 2024
- **Co -Advisor: master thesis:** Title: Anemia in pregnancy and its relation to adverse maternal-fetal outcomes and risk factors in Oman. **Phiona Gimono** Faculty of nursing, Sultan Qaboos University.2022- 2023
- **Co -Advisor: master thesis:** Title: Motherhood and reproductive health during hemodialysis: Women's experiences in Jordan. **Ibtehal Alharsees** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Co -Advisor: master thesis:** Title: Experience-based decision making of surgical treatment of women with early breast cancer in Jordan. **Noorah Almayaat** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Primary Supervisor : master thesis:** Health Care Providers Knowledge, Attitude and Practice towards Exercise during Pregnancy: A Descriptive Study from the Southern Region of Jordan. **Shrouq Alsaraireh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2019-2020.

- **Internal Examiner 2019:** “Knowledge and Practice of Active Management of Third Stage of Labor among midwives in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Internal Examiner 2019:** “Testing the Effectiveness of an Educational Session in Improving Preconception Health Knowledge among High School Students in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Co -Advisor: master thesis:** Title: The Impact of Educational Intervention on Jordanian HealthCare Provider’s Knowledge and Attitude towards Umbilical Cord Banking: Quasi Experimental Study. **Lubna Allimon**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- **Internal Examiner 2017:** “Dysmenorrheal awareness among female adolescent students in South of Jordan: A cross sectional study”. **Master’s thesis**, Faculty of nursing, Mutah University.
 - **Co- Advisor: master thesis:** “From a Family Home to a Wrestling Ring”: Experience of Intimate Partner Violence Among Married Jordanian Women **Ayah Al Majali..** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
 - **Co -Advisor: master thesis:** Knowledge, Attitudes and Practices Regarding Obstetric Danger Signs Among Jordanian Pregnant Women Attending Antenatal Clinic Health Services in Al- Karak Governorate **Bodoor Almatarneh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.

COMMUNITY SERVICES

- Organized a” **Breast Cancer Awareness Day** “activity at the Maternal and Child Health Center, Al-Karak, October 2024.
- Organizer and Leader, “**Healthy Mother makes a Happy Family**”, SQUH, SQU, March 21st, 2022.
- Speaker, “**Breast Cancer Awareness Campaign**”, Mall of Muscat, Oct 24th, 2021
- Presented a lecture about “**Marriage of minors and its impact on reproductive health**” at Alqatrana, Jordan, 2018
- Presented a lecture about “**Breast cancer and menstrual health and hygiene at “soul secondary school for girls”**”, ministry of Education, Alkrak, Jordan, 2018
- Presented a lecture about **Breast cancer and breast self examination at “Kadearra Elementary School”**, Ministry of Education, Alkarak-Jordan, 2017
- Presented a lecture about **Reproductive health and Fetal-newborn health at Mutah University**. College of Educational Science, Mutah University, 2015.

- **APPRECIATION LETTERS FOR COMMUNITY SERVICE**

- Recognition certificate from Dean for a successful leading ““Healthy Mother makes a Happy Family”, at SQUH, SQU, March 21st, 2022.
- Recognition certificate from Dean for a successful workshop “Health Care Training for Day Care Givers”, MCH Department, CON, SQU, March 21st , 2022.
- Recognition certificate from Dean for a successful leading Breast Cancer Awareness Campaign”, Mall of Muscat, Oct 24th, 2021.
- Letter of appreciation from the HoD for developing exam questions for the comprehensive written examination of the CAN course
- Recognition certificate from the Dean for the contribution as “Internal examiner in the Clinical Competency Examination of the Advanced Clinical Nursing Course– Fall 2021/ Fall 2022”.

LANGUAGES

- **Arabic:** Native speaker
- **English:** Strong command of English reading, writing and conversation.

SKILLS AND QUALIFICATIONS

- ICDL
- Teaching and Learning
- TOT

I testify to my knowledge that the above-mentioned information is true. All supporting documents and evidence are available upon request.

Dr, Arwa Alsaraireh